



Local Dental Sources

Dr. Pallavi's Dental Clinic

Price: Around ₹1000 (For General Cleaning)

Address: Shrinand Nagar Road, Vejalpur, Ahmedabad - 380051

Description: Located in the heart of Ahmedabad, this private clinic provides services such as dental surgery, Root Canal, Orthodontistry, X-rays, implants, and more.

Nirmal Charitable Trust

Price: Free Service

Address: A/7, Ratndeeep Avenue, Sattadhar Cross Road, Asmita, Ahmedabad - 380054

This non-profit located in Asmita, Ahmedabad, is a dental clinic focused on providing benefited and discounted service and education for underprivileged youth.

Brij Dental Clinic

Price: ₹1199

Address: F-10, 1st Floor, Akash III complex, 132 Feet Ring Rd, above Hyundai showroom, Naranpura, Ahmedabad, Gujarat 380013

This clinic in Naranpura, Ahmedabad provides an affordable yearly membership plan that includes 2 check-ups, cleanings, and X-rays needed to maintain dental health and hygiene.

Health and Care Foundation

Price: ₹300 - ₹1500

Address: Near Malav Talav, Before Rajvadu, Jivraj Park, Ahmedabad - 380 051

Part of the all-encompassing Health and Care Hospital, the dental unit focuses on providing services such as Root Canals, Ceramic & Metallic Caps, Fillings, Scalings, Extractions, Dentures, Implants, and more at a highly affordable cost.

Gujarat State Balkanji Bari

Price: Free Service

Address: Treasury Office Compound, Lal Darwaja, Ahmedabad - 380001

This non-profit NGO located in Lal Darwaja, Ahmedabad, focuses on providing dental aid and education to children and those in need in a charitable manner.



Contact Information

Website:

smilebrightinitiative.org

Email:

smilebrightinitiative@gmail.com

Instagram:

@Smile_Bright_Initiative

Find access to detailed videos, tips, and resources to help you and your dental health on our website!



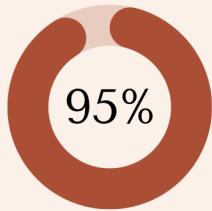
Dental Information



Scan The QR Code To Access Our Website!



Why dental hygiene is important



Of Adults in India Have Tooth Decay



& More Of Adults Have Dental Diseases



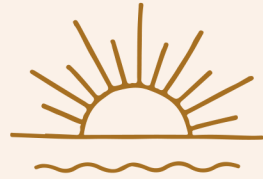
Of People Believe an attractive smile is appealing

Consistent upkeep of dental hygiene:

- greatly reduces the chances of developing dental diseases
- directly reduces the chances of heart disease and respiratory infections
- prevents tooth loss due to gum disease or decay
- increases confidence (students with regular dental care are shown to have better grades)

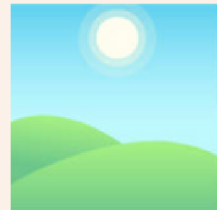


Recommended Dental Hygiene Schedule



Morning (Can be done before or 30-60 mins after breakfast):

Brush for 2 minutes
Floss or Use Mouthwash



Midday

(Optional) Brush after eating lunch

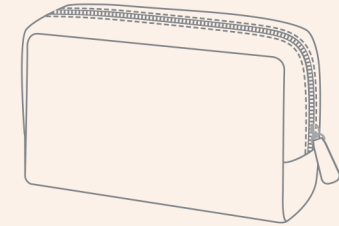


Night

Brush for 2 minutes (before going to sleep)
(Optional) Floss or Use Mouthwash



Hygiene Kits



Toiletry Bag



Toothbrush



Toothpaste



Roll of Floss